



Metro Area Practical Shooting Association

Bay 5a

Speed Shoot Zeta



Start Position: Standing facing down range with heels touching Xs and hands relaxed at sides.

Gun Ready Condition: Handgun is loaded and holstered.

Stage Procedure: Upon start signal step onto the stomp box and engage each target with two rounds each free style. Perform a mandatory reload and engage each target one round each strong hand only. The shooting area is limited to the stomp box.

Scoring Virgina, 12 rounds, 60 pts
Targets 4 Metric
Scored Hits Best 3 per paper
Start-Stop Audible Start - Last Shot Fired
Rules USPSA Current Edition
Stage Design Tom Tolliver MN03 May 2016

Setup Notes: Position the height of the wall so that the target head box is visible above the wall for a shorter individual when the swinger is at rest.

